

**STUDIJU PLĀNA GRAFIKS - profesionālā bakalaura programma "Sporta zinātne" - 4.studiju gads - NEPILNA LAIKA NEKLĀTIENE 2023./2024. ak.g.
kvalifikācija "Sporta skolotājs un rekreācijas speciālists"**

| Studiju kurss | KP kopā | Stundu kopsk. | Kontakst. | Attālināti | Pasīvu darbs | Septembris | | | | Oktobris | | | | Novembris | | | | Decembris | | | | Janvāris | | | | Februāris | | | | Marts | | | | Aprīlis | | | | Majs | | | | Jūnijs | | | | | | | | | |
|-----------------------------------|---|---------------|-------------|------------|--------------|----------------|-----------------------|----|----|----------|---|----|------------------------|-----------|---------------|----|----|-----------|----|----|----|----------|----|------------------------|----|-----------|----|----|----|------------------------|----|----|----|---------|----|----|----|------|----|----|----|--------|----|----|----|----|----|--|----------------|--|--|
| | | | | | | 4 | 11 | 18 | 25 | 2 | 9 | 16 | 23 | 30 | 6 | 13 | 20 | 27 | 4 | 11 | 18 | 25 | 1 | 8 | 15 | 22 | 29 | 5 | 12 | 19 | 26 | 4 | 11 | 18 | 25 | 1 | 8 | 15 | 22 | 29 | 6 | 13 | 20 | 27 | 3 | 10 | 17 | | | | |
| | | | | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | 41 | 42 | | | | |
| 1 | Atlētiskā sagatavošana | 1 | 40 | 12 | | 28 | 12 | | P | | | | | | | | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 | CA, ekoloģija sportā | 1.5 | 60 | 16 | | 44 | 12 | | | | | | 4 | P | | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | Peldēšanas P+D | 2 | 80 | 20 | | 60 | | | | | | | 8 | | | | | | Br | Br | | | | | | | | | | | | | | | | | 12 | | P | | | | | | | | | | | | |
| 4 | Pašaizsardzības pamati, didaktika | 1 | 40 | 12 | | 28 | | | | | | | 12 | P | | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 | Pieaugušo izglītība | 1 | 40 | 12 | | 28 | | | | | | | 12 | P | | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 | Pētniec. bakal. darba ietvaros | 1 | 40 | 4 | | 36 | 2 | | P | | | | | | | | | | Br | Br | | | | | | | | | | | | | | | | | 2 | | P | | | | | | | | | | | | |
| 7 | Profesionālā ētika | 1 | 40 | 12 | | 28 | 4 | | | | | | 8 | P | | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 | Pielāgotās fiziskās aktivitātes | 1 | 40 | 12 | | 28 | 12 | | P | | | | | | | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9 | Slidošanas pamati un hokejs | 1 | 40 | 12 | | 28 | | | | | | | | | | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | 12 | | P | | | | | | | | |
| 10 | Sociālā un saskarsmes psiholoģija | 2 | 80 | 22 | 2 | 58 | | | | | | | | | 10 | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | 12 | | E | | | | | | | | |
| 11 | Spec. sporta terminoloģ.(svešv.) | 1 | 40 | 12 | | 28 | 12 | | P | | | | | | | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12 | Brīvās izvēles kurss | 2 | 80 | 20 | | 60 | 10 | | P | | | | | | | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sporta skolotāja kvalifik. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 13 | Tūrisms, orientēšanās skolā | 1.0 | 40 | | | | | | | | | | | | | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Tūrisms skolā | | | 10 | | 10 | | | | | | | | | | | | | 2 | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Orientēšanās skolā | | | 10 | | 10 | | | | | | | | | | | | | 2 | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 14 | Frisbija, badmintons | 1.0 | 40 | 12 | | 28 | | | | | | | | | | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15 | Slidošana | 1.0 | 40 | 12 | | 28 | | | | | | | | | 12 | P | | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16 | Vieglatlētika skolā | 1.0 | 40 | 12 | | 28 | 12 | | P | | | | | | | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 17 | Nūjošana | 1.0 | 40 | 12 | | 28 | 12 | | P | | | | | | | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 18 | Kvalifikācijas prakse | 4 | 160 | | | | | | | | | | | | | | | | 2 | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 19 | Diplomdarbs | | | | | | | | | | | | | | | | | | 2 | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Rekreācijas speciālists | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20 | Ekskursijas vadība, gida darb.aspekti | 1.0 | 40 | 12 | | 28 | 6 | | | | | | | | | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 21 | Netradic. un pielāgotie sp.v. un līdzekļi | 1.5 | 50 | 16 | | 34 | | | | | | | | | 12 | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 22 | Āra aktivitātes II | 1.5 | 50 | 16 | | 34 | 8 | | | | | | | | | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 23 | Pedagoģiskā pilnveid.rekreāc.II | 1.0 | 40 | 12 | | 28 | 4 | | | | | | | | 4 | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 24 | 2.kvalifikācijas prakse | 5 | 200 | 4 | | 196 | 2 | | | | | | | | | | | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 25 | Diplomdarbs | | | | | | | | | | | | | | | | | | 2 | | Br | Br | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Pavisam | | 34.5 | 1360 | 294 | 906 | 108 st. | | | | | | | | | 96 st. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 100 st. | | |
| Sesiju periodi | | | | | | | 04.09. -22.09. | | | | | | 27.11. - 16.12. | | | | | | | | | | | 01.04. - 12.04. | | | | | | 13.05. - 31.05. | | | | | | | | | | | | | | | | | | | | | |

Rekreācijas kvalif.prakses norises laiks jāsapņo ar kvalifikācijas vadītāju
Prakses aizstāvēšanas laikus jāsapņo ar attiecīgo katedru.

Studiju prorektors _____ Programmas direktors _____

2023.gada 6.aprīlī

A.Fernāte

U.Ciematnieks